

**TAKE BACK YOUR POWER FINANCIALLY**  
**Pre-Workshop Assignment**

1. Determine your **TOTAL MONTHLY EXPENSE (TME)** Complete the following table to determine your **TME**.

<b>EXPENSE</b>	<b>MONTHLY PAYMENT AMOUNT</b>
<b>Savings Account/Retirement*</b>	<b>\$</b>
Mortgage	\$
HELOC/Line of Credit	\$
Rent	\$
Homeowner's/Renters Insurance	\$
Car Payment	\$
Credit Card 1	\$
Credit Card 2	\$
Credit Card 3	\$
Credit Card 4	\$
Gas/Lights	\$
Water	\$
Phone	\$
Cell Phone	\$
Cable	\$
Internet	\$
Auto Insurance	\$
Medical Insurance	\$
Prescription Drugs	\$
Child Care	\$
Tuition	\$
Groceries	\$
Gas for Car	\$
Parking	\$
Hair care/beauty	\$
Cleaners/laundry	\$
Housekeeper	\$
Entertainment	\$
Dinner Out	\$
Subscriptions	\$
Clothing etc...	\$
Other	\$
Other	\$
Other	\$
<b>Total Monthly Expense (TME)</b> *do not include savings/retirement in this total	<b>\$</b>



**TAKE BACK YOUR POWER FINANCIALLY**  
**Pre-Workshop Assignment**

2. Determine your **DAILY EXPENSE TOTAL** (TME divided by 30):

Complete the following equation.

$$\begin{array}{ccc} \$ \underline{\hspace{2cm}} & /30 = & \$ \underline{\hspace{2cm}} \\ \text{TME} & & \text{Daily Expense} \end{array}$$

3. Determine your current **TOTAL SAVINGS**

Complete the following table to determine your current total savings balance.

Checking Account	\$
Savings Account	\$
IRA	\$
Certificates of Deposit	\$
Money Market	\$
401k	\$
Other	\$
<b>TOTAL SAVINGS</b>	<b>\$</b>

